

Revised: 9/29/20

## DYHA COVID-19 Policy

*Please note that requirements are always subject to change as conditions surrounding the pandemic change. It should be noted that local guidelines superseded these policies.*

DYHA Board of Directors has developed the following policies and procedures related to COVID-19 to be in place until further notice. DYHA will continue to work with the Mystique Community Ice Center to ensure we are following all required rink policies related to COVID-19. DYHA has appointed any questions/concerns related to COVID-19 to be directed to the COVID Lead: [DYHACovid@gmail.com](mailto:DYHACovid@gmail.com)

As a user of the rink facility, the rink staff is responsible for all sanitizing of the facility. Rink will ensure of sanitization each night of the facility. It is imperative that families do their part to help keep the rink clean. While at the rink, please follow the rink guidelines for appropriate social distancing and sitting within the selected area of seating.

DYHA General Policies:

- All participants will sign the COVID-19 waiver prior to participating in any DYHA related events.
- Prior to attending any DYHA related event, participants and spectators are required to self assess any COVID symptoms. Symptoms can be found on the [CDC website](#).
- **Anyone that is awaiting results from COVID test not allowed at DYHA related events. This includes siblings and parents of individuals awaiting test results.**

**\*If you have answered “yes” to any of the symptoms listed, you are not allowed to be at the rink and participate in DYHA related events.**

- DYHA Coaches will have the full authority to remove players from the ice if player is not following coaches directions related to player safety.
- No cash/check payments will be allowed at this time. Any registration fees or payments will be electronically completed.
- Encouragement of families to utilize TeamSnap to indicate attendance at games and practices.
- No sharing of water bottles--players bring their own from home labeled with their name.
- Limit time at the rink, arrive shortly before scheduled practice and immediately leave the facility at conclusion of practices. Be cognizant of traffic flow going in and out of doors.
- DYHA coaches have the authority to remove any player from training if they are showing any symptoms of illness
- Players should disinfect their equipment after each training session
- For the use of locker rooms:
  - Players must strictly follow the locker room assignments to allow for the rink to sanitize locker room between sessions. Any players needing to dress at the rink will have assigned locker rooms however, there is no guarantee of ability to social distance.
  - Players will be allowed into the locker rooms **15** minutes prior to the start of practice and expected to be out of the locker room **15** minutes after practice to allow sanitization between sessions.
  - If a player is needing support dressing/tying skates, only 1 family is allowed in.

- Strongly encouraged that participants, coaches, and guests wear masks while participating or watching any DYHA events. Players participating in practices (on and off ice) are **not** required to wear a mask as this may cause difficulty breathing.
- It is recommended that for games, spectators observe appropriate socially distancing and only sit within the designated areas of the rink. Entering the facility shortly prior to game start time and quickly vacating the facility at the end of games.
- ~~Spectators during practice events are limited to 1 parent/guardian and their children/sibling, whom may have practices scheduled for that night. Children/Siblings should be supervised at all times.~~
- Players are required to wear mask within the rink, specifically within the locker room when social distancing is unable to be maintained.
- Congregating within the tunnels (locker room area) are not allowed by anyone.

#### Off Ice:

- Teams looking to utilize the off ice training equipment must contact the COVID Lead: [DYHACovid@gmail.com](mailto:DYHACovid@gmail.com) regarding approval of use and disinfection procedures prior to use.
- Teams participating in video/chalk talk are required to utilize appropriate social distancing guidelines.
- Teams conducting off ice on practice days are required to place bags in the designated areas at the concession end of the rink. There will be NO storage of bags under the stands in the tunnel per rink management.

#### On Ice:

- Avoid bench use during practices
- Avoid drills where players are standing in line
- Utilize station based drills to help maintain social distancing
- Coaches cognizant to avoid close proximity of player faces
- Access to enter and exit ice through multiple entry points to avoid congestion of players
- Reinforce physical distancing on ice

*Exposure: Defined as close contact (less than 6 feet for greater than or equal to 15 minutes), and exposure to a:*

- *Person with COVID-19 who has symptoms, and the close contact occurred within the period from 2 days before symptom onset until they meet criteria for discontinuing home isolation, OR*
  - *Person with COVID-19 who has not had any symptoms and the exposure occurred within the 2 days before the date of the test until they meet criteria for discontinuing home isolation.*
- Any individual who has been exposed based on the above definition must quarantine for 14 days.*

**\*\*Anyone that has been notified by Iowa Department of Health that they have been exposed is required to report their exposure to the COVID Lead ASAP: [DYHACovid@gmail.com](mailto:DYHACovid@gmail.com)**

#### Positive Test:

- Anyone one that has a confirmed positive test is required to report that information to the COVID Lead ASAP: [DYHACovid@gmail.com](mailto:DYHACovid@gmail.com)

#### When to Return to Play Following positive COVID test:

- Participants/staff will not return to activity until they meet Dubuque County Public Health guidelines. <https://dubuquecounty.org/477/Coronavirus-COVID-19>
- If they have had a positive test for COVID 19, they can return to activity after these three things have happened under the guidance of Iowa Public Health/CDC:
  - No fever for at least 24 hours (without the use of medicine that reduces fevers) AND
  - other symptoms have significantly improved (for example, cough or shortness of breath have improved) AND
  - at least 10 days have passed since symptoms first appeared
- If they have tested positive for COVID 19, but had no symptoms, they can return to activity if:
  - 10 days have passed since being tested AND
  - primary care physician has determined the individual can be released at the end of the 10 days based on conversations to determine if any symptoms have appeared
- **Team on which an individual has tested positive:** - Teams in which a player or coach that tested positive **may be** shut down for precautionary measures. If the team were to be shut down, they are unable meet for any DYHA activity (meeting, training, or competition) for at least 14 days from the most recent team activity at which the individual who tested positive. Facts that may be taken into consideration of the team shutting down activities for 14 days could include:
  - Have players and coaches appropriately socially distanced for team events?
  - Masks worn in locker rooms?
  - Timeframe in which the positive individual was present for DYHA events
  - Current number of individuals associated with a team being positive

\*\*If there is a positive case within a team, notification will be sent to all players/families within that team with no identifying information of the positive case provided.

#### Refunds:

Refunds will only be given if season is drastically shortened or cancelled. Those amounts will be approved by the Board of Directors, and factors such as budget used vs. remaining will be taken into consideration for a refund. There will be no refunds/pro-rated refunds for any time lost due to quarantine for players or teams.